



Romance

*What Your Heart
wants You to know.*

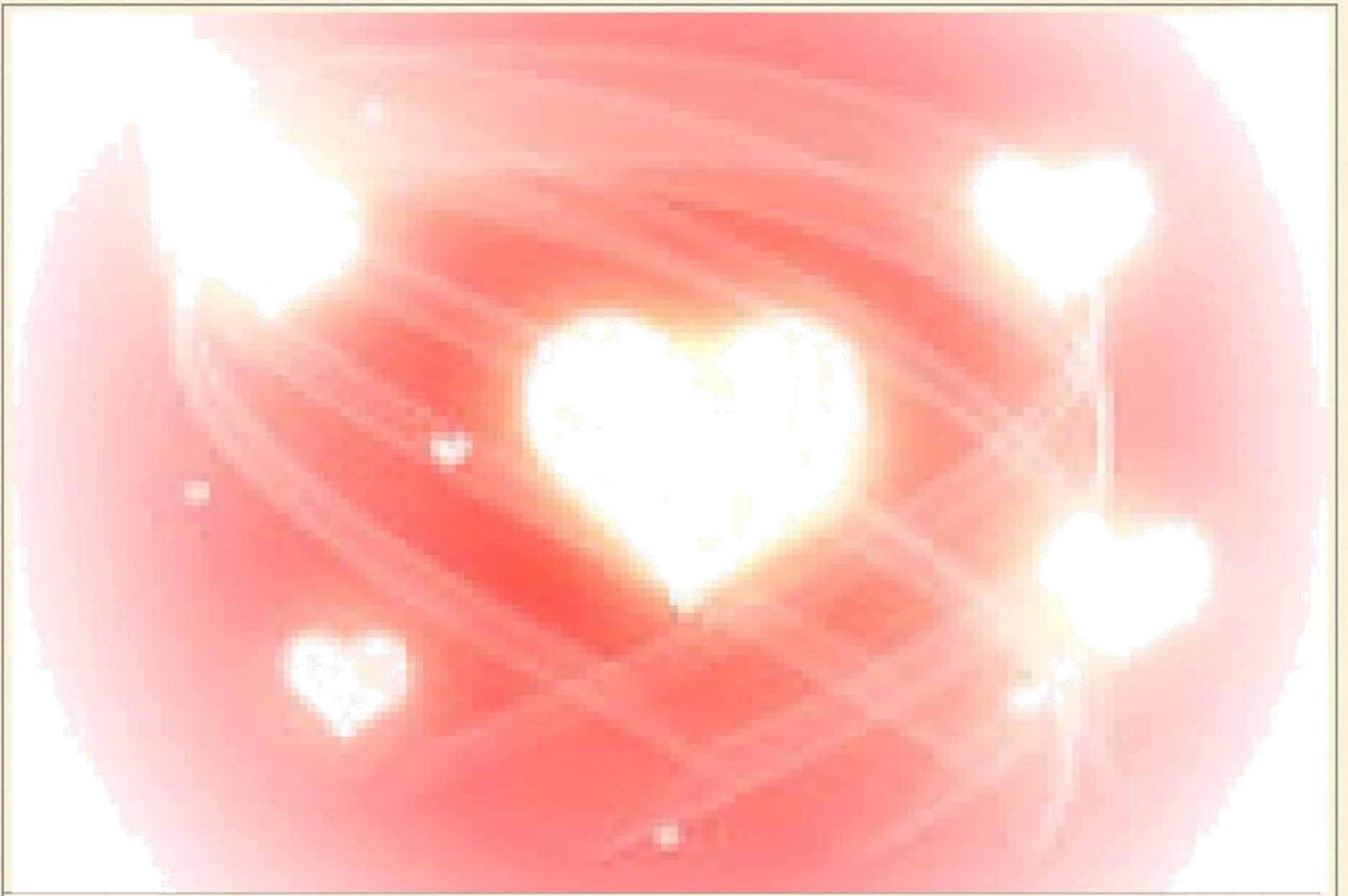


International Best Selling Author
Lexis Johnson, PhD

Romance ~ What your Heart Wants You to Know

*Home Study Report Learn
your deepest longings*

By Lexis Johnson, PhD





Romance ~

What your Heart Wants

You to Know

Home Study Report

Learn your deepest longings

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I promise to give you as much as I possibly can in the restricted format of an online report ... and what I cannot give you here I promise to show you where and how to find the answers....

The best suggestion I can give for getting the most out of this program is to download & print this Report right now...

Then follow along and do everything in order... There is a magic from the hand to the brain in Writing so feel free to make notes all over this

Presented here, in order, are some questions you must give thought to; some understandings for you to allow sinking in; some more questions...

... and finally some answers.

You won't understand all the answers until you've done the play presented here...

Once you have the answers you can start to create a Blueprint for Romantic Success to get you from where you are today to where you wish to be...!!

As is your desire, so is your
will. As is your will, so is your
deed. As is your deed,
so is your destiny.
—The Upanishads

For the purpose of this program, get your desires into clarity and focus by deciding what it is you DO desire and not what you Don't want...

To do this, answer ALL the questions with the utmost honest, even if it hurts you to admit it!

You'd only be fooling you if you don't answer to the best of your abilities.

The answers will lead to your focus and clarity and to your mental attitude.

And the process of answering will help to detox you mentally.

Just remember, if you cannot be honest with yourself, then how can you expect anyone else to be honest with you?

Now get out your pen. You've printed this report out, right?

It's time to take action and start figuring out what your heart wants for you...

Now if you've done any of my courses before this may look familiar, but do it anyway.

This time it's about love. And go in order right to the end where you'll find some very different questions...

A desire presupposes the possibility of action to achieve it;
action presupposes a goal that is
worth achieving.

—Ayn Rand

1. What are your main goals for reading this “**Romance ~
What Your Heart Wants You to Know**” Home Study Report
and/or for your Romance & Seduction Coaching sessions.
What do you hope to get from this program and/or your
coaching sessions?

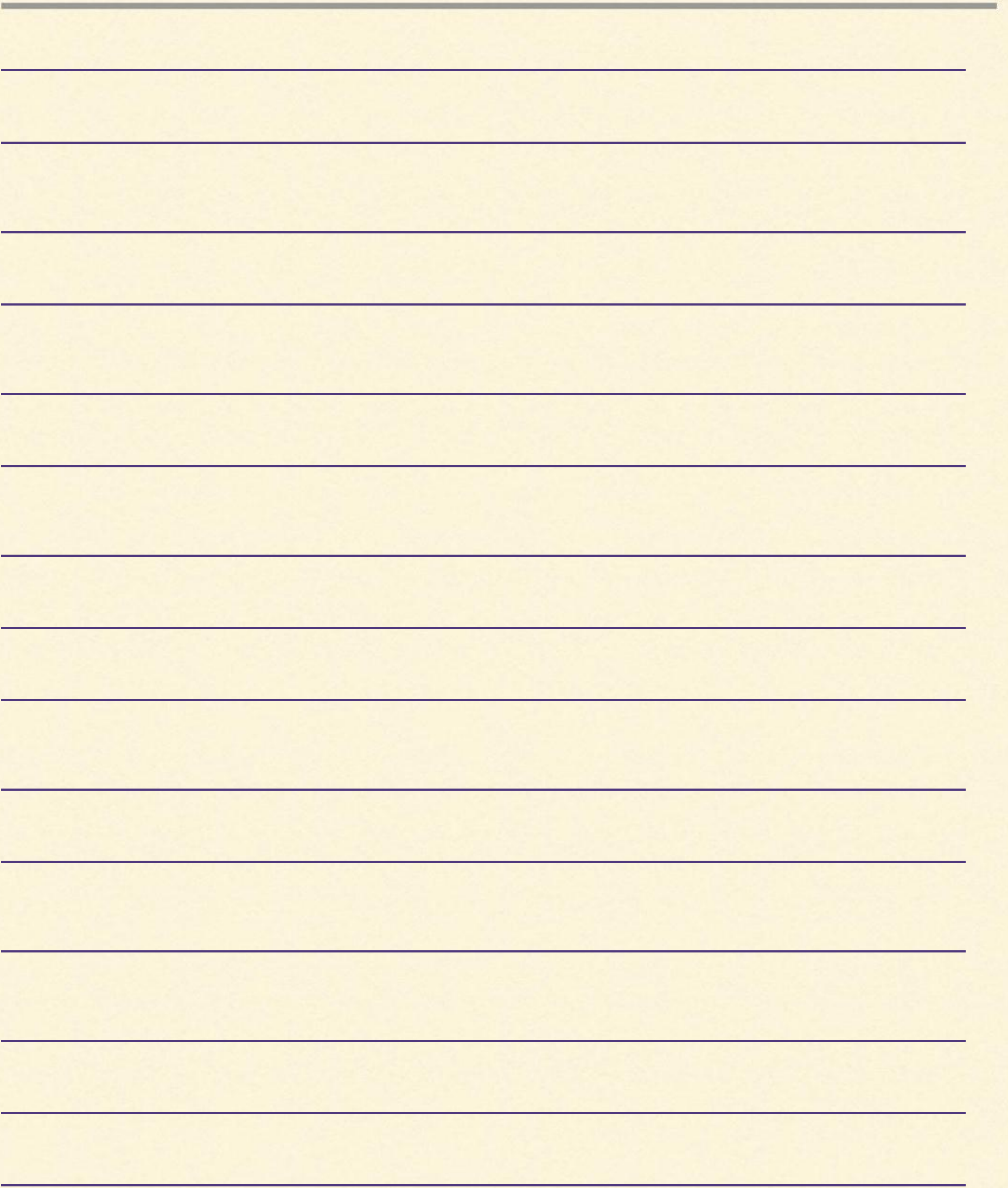
2. What challenges do you face with your main reason for
taking this course? What is your biggest difficult right now?

3. What would your ideal romantic partner be like and what would your relationship be like, if you knew you could have everything you desire? (feel free to Write on the reverse of these pages if you desire...)

4. What are your 3 greatest strengths in romantic relationships?

5. What are your 3 main weaknesses in romantic relationships?

6. Describe in great detail exactly what it is you wish your ideal love partner were like and how this would affect your life? (add details to the previous above question)



7. What would it mean to you to have your ideal romantic partner and true love in your life? How would your life change?

8. Where are you right now with love and romance? Are you in a relationship? In-between? Given-up-hope? Never fear, help is near....!

Describe what that is like to you?

9. What is stopping you from having your ideal romantic partner and true love in your life? (If you don't know, then ask yourself, if I knew what was stopping me, what would that be?)

10. What am I afraid of? (If I knew what I was afraid of, what would that be?)

11. What category are the things that stop me in...?

To understand this question, think about whether you have FEARS in any of these areas. This relates back to the previous question, What am I afraid of?... These will be discussed further in your private Coaching sessions with Dr. Lexis if you have applied & been accepted for them.

A. Emotional? (Explore your feelings here)

B. Mental? (What are your mental attitudes on this subject?)

For example, did you grow up with preconceived ideas of what love and romance are? Write these out.)

C. Physical?

12. Do you have other areas in your life where your challenges, (What stops you from having your ideal love and romantic partner) also stops you from having your desires in other areas? If so what are those challenges?

13. What stands between you and what you want?

Remember, there are over seven billion people on the planet. You don't have to want one that is unavailable!! lol!

14a. List every success you can think of that you have had in your life that either you are proud of or someone else thought was a success for you and beside it Write how that makes you feel:

The natural is that of the world is to decay, to go back to just being energy.

If you do nothing, you don't just stay the same; you actually go backwards!

You start to decay! That is your default. Your Subconscious Mind tries to keep the status quo the same and protects you to stay the same....

but you want to change (or at least that's why you're doing this program, right?)

You cannot achieve success by layering a new thought on top of your old default program, even if the new thought is a positive one!

You must go down through the layers and remove, release, rectify or uncover the unconscious obstacles and habitual patterns that hold you in the same default mode.

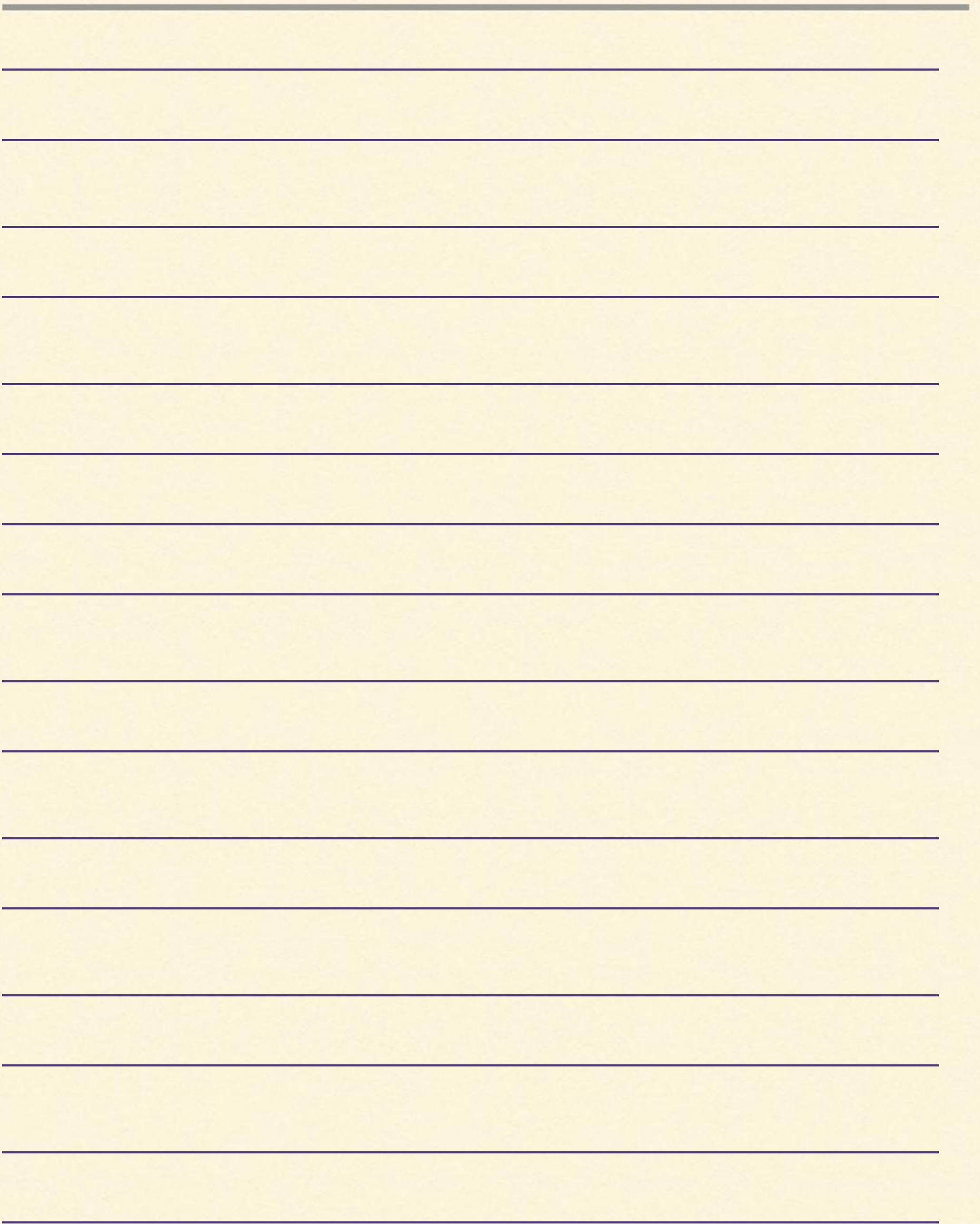
Mental Detox requires an entire course of its own!... but I will tell you that you are being brain-washed through the media, television, radio and internet, through what politicians and religious figures want you to believe so you're easier to control.

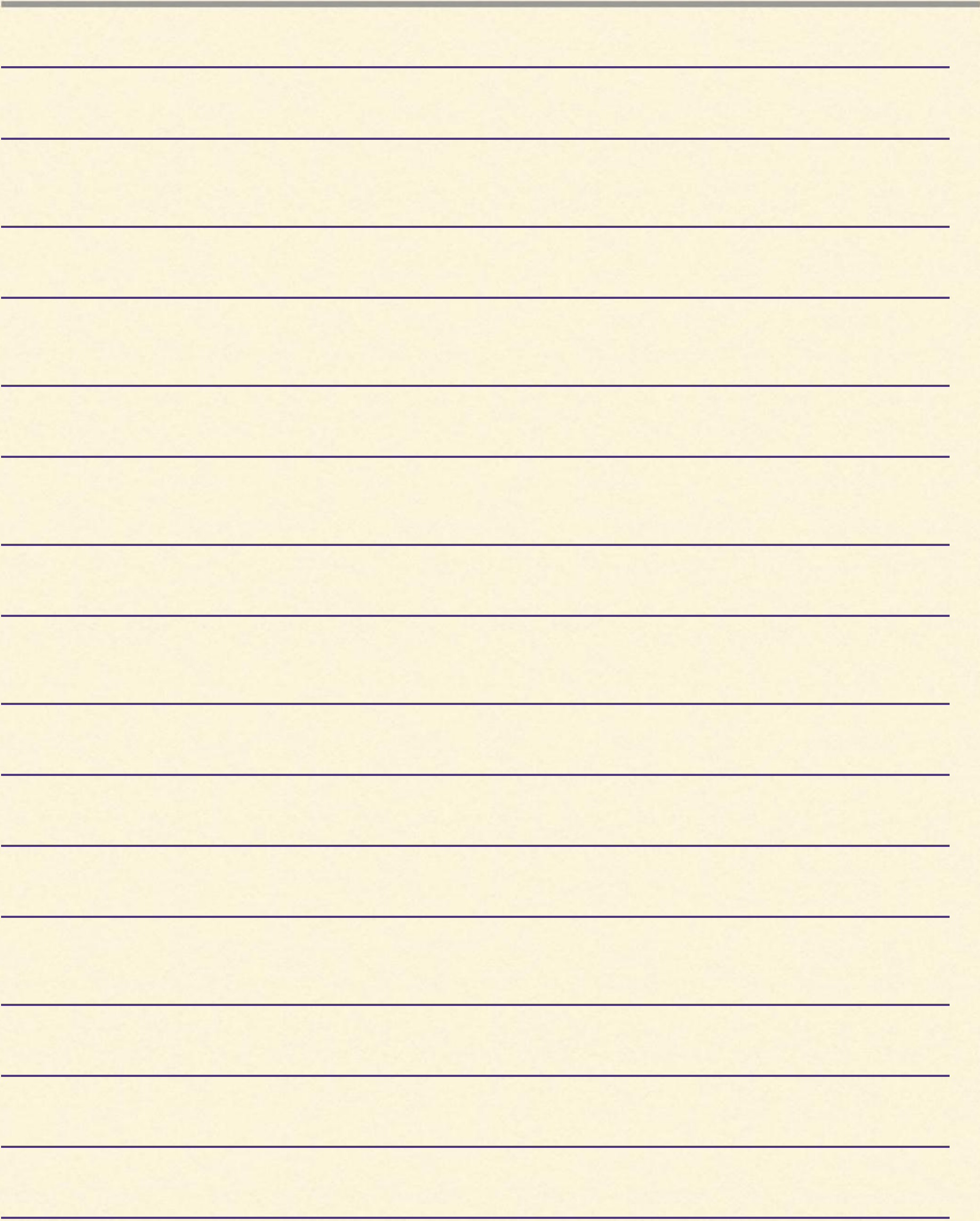
OK! Now comes a really fun part...Go get a sharp pencil....Be sure you make tons of extra copies of the lined-only pages (yellow paper is best, even a yellow pad of paper) so you have plenty of places to Write and Write...! (12 pages is about average and many people need more!)

I want you to Write out IN PENCIL all the negative self-talk that you just can't help but hearing that little voice in your mind saying. You know the one I mean... the one that steps you; that tells you, you can't, or you're not good enough.... Write out in PENCIL and leave 4-5 lines empty right after it.

Then go on and Write out the next negative thought. Keep doing this until you have dumped all the negative thoughts you can think of on these pages.

Also Write out all the words you can hear your mother say in your head (or some other person who you hear in your head who stops you from being successful in love.) Don't even read the next part, until you've completely drained your brain of all the negative little sayings of those voices in your head that stop you or make you feel bad....





Ok then... Are you sure you're done! You aren't cheating and reading ahead now are you? Because you'd be cheating yourself out of a really great experience! Ok I believe you. I call this Speak My Truth...!

I'm now going to ask you to go get a read pen....

Go get your pages with all the pencil Writings on it. I want you to read each negative statement and then turn it around. Figure out what you wish you thought instead of that statement. Make it some ting really positive!

Write out the positive statement in the empty lines below each of the pencil negative statements. Once you're finished doing that, one time, and one time only I want you t read the negative statement and then follow it with the positive statement.

Then.... erase all the negative pencil statements! Go ahead!

You won't need them any more... I promise.

Every day I want you to read every single one of these red statements that are preferably Write them on yellow paper. There's is something magical that happens around day # 7 ...!

You don't have to read them all in one sitting all the time, as long as you get them all read at least once every day.

By the time the week is through, your brain will have accepted the new statements as Truth...! All of a sudden you'll hear the little voice of positive statements in your head, instead of the little negative voice!

Believe it... It's possible. I've done it... And so have a great many of my clients.

And every time I wish to erase some negative thoughts, I pick a topic and pencil them out... then re-Write in the positive in red, erase the pencil words and Speak my Truth for a week, at least...!

Please send me an email and let me know what results you have, I'm so curious... Lexis@thePretyWomanWebsit.com

THE MOST IMPORTANT LOVE LETTER:

On the next page Write out a letter to yourself. It is a Love Letter, Describing how much you love yourself. No one is going to see it except you so be as poetic, as colorful, as romantic or as ideally as you desire.

This is for you and your heart. This may feel uncomfortable at first but it's quit necessary. If you don't love you, how can you expect the Universe to love you! (or anyone else, for that matter!) And we know it's our right to be loved by the Universe, so therefore somewhere in time and space you have loved yourself... you just need to bring it forward until today... now...

Know that inside of you lies the 'seed' of the 'you', you wish to be... The You that longs to be loved in just that special way that only your heart knows...

Start with that. That will grow into your Ideal You, as long as you create the right environment for 'you' to grow into your Ideal You...!

Start by Writing out a few things you love about yourself; something that is unique to you, (you may refer to your list of successes) that not everybody can say about themselves.

Maybe you have great hair, or a pretty face, or your breasts are perky and lovely; or you like your hips; or you have beautiful eyes; or you have strong, sensitive hands. Don't forget to Write out a few comments here as notes for your letter.

Now, what are you grateful about yourself, that you wouldn't give up for the world! Things like, you have a strong body; you have two creative hands, and two wonderful legs that take you where you wish to go. Or a strong lovable heart; & a wonderful creative brain. Or that other people need your inspiration or you do good things for others so that their lives would miss you if you were not here. Write these out... Use as many sheets as you need to Write these out.



**Now Write your LOVE
LETTER TO YOURSELF**

You have 2 pages to Love
YOU... and read it out loud to
your heart each and every
day. Your heart and brain will
hear it and Magic will
happen! Hundreds of
thousands of receptors on
each of your trillions of cells
in your body are listening to
your thoughts, words and
intentions...
Love You....



Emotional Detox:

E1. What emotional pain am I feeling? What pain am I struggling with?

E2. What emotional pains am I hiding deep within me that I have not been dealing with? That I may be afraid to look at because they are so painful?

E3. Is there a little voice inside me that cause me not to deal with this pain because for any reason that would be bad? What does it say?

E4. What would it mean to me to be rid of this pain?

E5. What relationship & love or abundance issues am I

Causing myself because I have this unresolved emotional pain deep within me? What will it cost me in the future - money, confidence, self-esteem, peace of mind, relationships, health, lifestyle, impact, etc. - if I don't stop what I've been doing and start doing something different now?

E6. On a scale of 1 - 10 with 1 being the lowest and 10 being the most, how committed am I to resolving this pain once and for all?

|----- 1----- 2----- 3----- 4----- 5----- 6----- 7----- 8----- 9----- 10-----|

E7. What reward could I physically give myself today as a bonus for taking steps towards assimilating and rectifying this pain?

(examples: a cup of hot cocoa, a massage at the spa, an hour walk by the beach or the park, time with a friend, a bubble bat... your choice...)

E8. What is the worst that could happen if I allow myself to deal with my pain? Read this very carefully now...

E9. And what would that do or mean to me?

E10. And what would happen then? (Keep asking this question and answering it until you cannot get any further answers.... and what are the results... Write them all here flipping page over to Write more...)

E11. Do I believe in the concept of a higher power? If so, please describe the most useful and empowering aspects of my relationship with this higher power. If not, which reference point do I use?

E12. How am I utilizing this Higher Power in helping me move forward in my life in the areas of my relationships, my love, career, my abundance, money, confidence, self-esteem, peace of mind, health, lifestyle, impact, etc.?

E13. If we could obliterate my biggest pain, what would my life look like in 6 months? a year?

E14. (If you have worked with a coach or mentor before), what was my experience in working with a coach or mentor?

E15. If it was not t my satisfaction, can I see how working with the right coach or mentor who understands my situation can take me to heights I cannot easily scale by myself...?

E16.

EMOTIONAL DETOX: This requires a private session with me, Dr. Lexis... You have to apply to work with me as my time is valuable and I cannot work with everyone. I only wish to work with those who are committed to their own success and who will implement my suggestions.

To apply to 'Coach with Dr. Lexis' please copy and paste the questions and your answers found in this "Romance ~ What Your Heart Wants You to Know" Home Study Report.

If you are accepted into the program of one on one coaching with Dr. Lexis or into a group program that includes a one to one session, I will work with your CosmoBiology (cosmology and biorhythms) to determine what cycles you may be in and what may be coming for the near future.

Your Emotional state is a delicate balance of who you were taught to be in your formative first six or so years of life along with the experiences you have had since then till now balanced with your biorhythms and cycle analysis through CosmoBiology.

Send your applications and why you think you're a good candidate for this program to LexiJohnson@me.com and You'll hear from me....

Lexis Johnson, PhD is an empire builder and a problem solver. With a goal to empower at least a million women to build their empire... earning her the moniker of Empire Builder, Dr Lexis always finds the right answer individually styled for each enquiring mind.

When her encyclopedic knowledge needs tweaking she quickly researches to find solutions making her more than a Coach...She's what you've been looking for... She's your Consultant and Confidante!
Along with her extensive and impressive knowledge, education and experience, she brings results in the thousands. And isn't that what you want? RESULTS.

Her favorite client is ready; a woman entrepreneur, building an internet marketing business with her passions; someone who isn't afraid to put her hand up and say, "Pick me. Help me. Let's win together. Let's grow and expand together."

One of Dr Lexis' favorite phrases is 'We gorgeous babes have got to stick together!' And the reason she says that is to inspire others to collaborate, not compete.

Lexis believes that when the Dalai Llama said "The World will be saved by the Western Woman", he didn't mean a particular woman... or even a woman from North America.

Dr Lexis believes that as women awaken with this Shift that is upon us, she brings her natural skills of collaboration, nurturing and intuition!

Empowering and encouraging all to embrace and empower themselves in collaboration, serving through nurturing and the use of our intuitive skills, Dr Lexis believes in win-win business relationships for all...

This takes us up and out of the masculine world of competition. No more Bulldog Selling. No more hype. No more being pushy or salesy. Dr Lexis embodies discovery of how she can best serve, and then how to deliver in an intuitive and collaborative way.

The benefits to all of us become readily apparent as we will all win working with Dr Lexis. No losers. Just winners. Confident, joyous, FUN and simple, sound bites of education; working in harmony for the good of all within a circle of like-minded entrepreneurs.

A world where the team wins; the customers win; the leaders win; and the world becomes a better place as we step into the new Golden Era of Collaboration.

Having grown up as 5th generation business-owner, Dr Lexis learned through osmosis the old masculine business model by coming through the ranks of the family business in each and every aspect.

Her own mother, being known affectionately in the family business as the Dragon Lady, taught her to use her intuition, and how to serve others. Everyone loved the Dragon Lady.

Even before Lexis became Dr Lexis through training in Metaphysics and Psychology, she had helped others' who's lives she touched, to become millionaires.

Her Grandpa called her 'charmy' because she was his 'good luck charm', he said. Grandpa was the first family millionaire. This charmed lady has the Midas Touch to help others build Empires.

Lexis used her Midas Touch to help her family build up their empire; her husband go from rags to riches with her help; and then worked as Sr VP in a division of a marketing company troubleshooting their internet presence to increase their ROI.

Everyone who comes into contact with Lexis seemed to suddenly have the confidence and inspiration to get whatever their goals are into action and the money soon follows. You could be next!!

As an International Best Selling Author, Nutritional Consultant with a unique business; a Cycle Analyst doing CosmoBiology charts to lead others to understand the cycles in their and businesses; and now with her latest empire-in-the-making: Pretty Published Powerful & Profitable, Dr Lexis takes internet marketers from overwhelmed, frustrated, overworked and 'no me-time', to the financial-freedom and time-freedom to balance their lives between serving their clients and being able to have their own dream lives with a business on auto-pilot.

Dr Lexis teaches how to "Write It Once and Have It Sell For You Forever"; "How to Conduct Highly Converting \$strategy \$essions by Knowing in the First 5 Minutes if YOUR Prospect is the Anti-Client or Your Ideal Client" and provides a complete book-writing and author-platform/marketing platform that guarantees Media Citations with the likes of ABC, CBS, NBC and Fox; gets your articles into iTunes magazines, stars you in your own online tv show interviews and helps you take your Lead Magnet by using your written words in very unique ways to have your Ideal Clients clamoring for your High End Programs so you don't have to spend all your time looking for clients to serve.

This gives you what you want: to serve your Ideal Clients and have plenty of time-freedom and the financial-freedom that you desire.

Her program is www.PrettyPublishedPowerful.com where for a limited time she is offering an almost full scholarship for her complete Amazon Best Seller Author & Marketing Platform and Authority Branding programs.

WEBSITES:

www.MuffinTopDiet.com

www.WinAtLosingDiets.com

www.PurposeAstrology.com

www.PrettyPublishedPowerful.com

www.AntiClient.com

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<https://twitter.com/LexisJohnson>

www.linkedin.com/in/lexisjohnson

FACEBOOK GROUP: SHIFT HAPPENS ~ CosmoBiology with Astro Dr Lexis Lorrise Johnson, PhD (please join) Learn what you're really here to do; what your Soul's Intention is & what your Archetypes are...

Found here:

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FACEBOOK GROUP: CLIENT WHISPERER (tm) Learn how to Build a Tribe, Engage Them and Monetize Thru Serving & Collaborating with fun and passion...

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